
The Investigator

Report for Enneagram
Style Five

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Full Report

This report specifically addresses an advanced understanding of a person whose style is Five: The Investigator.

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Your Enneagram Style: Five

The Investigator



Summary

As Investigators, Fives seek wisdom and knowledge to better understand why and how the world works. They want to understand how everything fits together. Through their observations, they are able to find ways to simplify life. They prefer to find truth for themselves rather than taking someone else's word for it.

Fives are contemplative, innovative and insightful. They have a voracious interest in acquiring data. They are rational and are able to remain calm in the midst of chaos. They are objective and help others to see things from a variety of perspectives.

Fives make great teachers because they enjoy sharing what they have learned. They are logical and stable. They are intensely focused and can spend a lot of time mastering a skill in their areas of interest. They easily lose track of time when they are in this mode. Fives are quite comfortable being alone and are typically private people.

These Investigators long to make sense of everything around them.

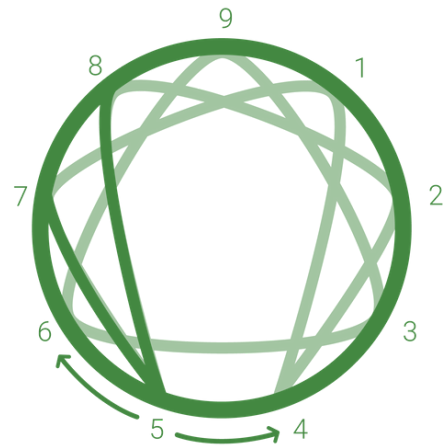
Motivation & Core Fear

Fives are motivated by the desire to be capable and competent. They seek knowledge and find security in acquiring it. Since there is so much to learn and analyze in order to be competent, Fives feel the need to preserve their resources—including energy, time and knowledge. This motivation is driven by their fear of being overwhelmed and intruded upon. While they greatly desire to be capable and competent, they have developed a core fear that they must withdraw and keep their resources to themselves.

Wings

Each person is unique. Thankfully, the Enneagram recognizes this and actually shows how each style carries “flavors” of the other styles.

On the diagram to the right, the lines on the outside of the Enneagram drawing (pointing from the Five to the Four and to the Six) are called “Wings.”



If you've taken our assessment, your wing is the higher score between a Four or a Six.

FIVE WITH A FOUR WING

This variance is often called “The Iconoclast.” Having Iconoclast tendencies means that you are probably creative and imaginative. You are sensitive, independent and introspective. You prefer to find an area of interest that others haven't researched as thoroughly.

FIVE WITH A SIX WING

This variance is often called “The Problem Solver.” Having Problem Solver tendencies means that you are probably extroverted, loyal and persistent. You are more organized and detailed in your observations. You are interested in technical areas such as science, technology and engineering. You are practical and enjoy finding solutions to overcome challenges.

Subtypes

Each style has three different "subtypes" or instincts often referred to as self-preservation, social, and one-to-one (sexual).

The self-preservation instinct is interested in safety and well-being.

The social instinct is very aware of others and how they affect those around them.

The one-to-one instinct has a higher drive for intimacy in another person.

SOCIAL

- This type is the more extroverted and social Five.
- They focus on a cause or belief system to bring meaning to their life.
- They will share their knowledge, ideals, and values but not their resources, such as time and space.
- They do not want life to be meaningless, so they are on a quest to find the ideal. And they will relate deeply with people who share in this quest and those who excel.

SELF-PRESERVATION

- This subtype focuses on creating boundaries to feel protected when they are alone in their sanctuary. Sometimes they think that everything they need is there. And they protect this place to maintain their privacy.
- They are introverted and do not express themselves as much as the other Fives. They will socialize with trusted people, however it can leave them depleted and they will need time to recharge their energy.

ONE-TO-ONE

- This "counter-type" behaves much differently. They are much more romantic and will suffer more than the other two subtypes. This is why they can resemble a Four.
- They are sensitive and desire to have an ideal mate that will meet their standard of trust and absolute love.
- They can be more isolated than the other subtypes but they enjoy a vibrant inner life.
- They desire to share life with a mate who values their privacy and boundaries.

Note: You use all three of these, but one is more influential upon your style. Also, the order of intensity of these three is why you can be very different than another person with the same style.

Your Circumstances

Childhood

As children, Fives may not have felt safe or were overwhelmed within their family. Fives may have experienced a lot of disruption or turmoil and they may have withdrawn into their own “world” when they felt anxious or unsafe. They may have retreated to a specific space or room which may have been filled with their favorite things such as books, collections or toys. Because they didn’t want to add the burden of their needs to an already tumultuous environment, they retreated. As adults, they long to be able to express their needs and to know that they aren’t a burden.



At Work and in Relationships

Fives are able to collect and analyze information, have great insight and are objective workers especially when they are operating from a place of health. At their best, high-functioning Fives are practical, contemplative, independent and do not need a lot of affirmation. They are self-sufficient, require little supervision, and are generous to others. They are willing to engage and are excited to share their personal insight. When they feel comfortable in their surroundings, they are witty and fun.

Fives can misuse these characteristics, becoming overwhelmed and exhausted. In order to cope, they may separate themselves from their emotions and function only on an intellectual level.

Fives may cause delays in projects because they spend so much time researching and collecting data. They can become very anxious when they feel they do not have enough time or energy to complete a project. They may have difficulty working with others because they prefer to work alone. Fives can be confrontational, challenging others when they believe all of the implications, data and information are not being considered.

Fives need to accept that their desire for knowledge and making sense of everything is not as important as the wisdom that comes through a higher power. When they do, Fives can be generous toward others by giving of themselves and their resources. They will also develop a deeper connection with themselves and others as a result.

Stress & Security

The lines on the inside of the Enneagram drawing (pointing from the Five to the Seven and the Eight) are called "Arrows." They reflect how a person operates in times of stress or security.

Generally, Fives gain a few characteristics of Sevens under stress. They can become agitated, unfocused and impulsive. They may have difficulty feeling satisfied and search for something to fill the perceived void. But when Fives operate healthily, they will be giving of themselves, enjoy connecting with others and will have joy.

In a more secure or relaxed setting when Investigators feel comfortable expressing their innermost thoughts and feelings, they gain a few characteristics of Eights. They become more aware of themselves and their feelings. They become more self-confident and assertive, and will often assume leadership roles and engage more deeply with others. However, if Fives are not living healthily, they may become angry, verbally critical and will not be respectful of others' boundaries.



Gold & Shadow

When Fives are motivated to obtain wisdom and truth by themselves, they operate in the dark side of their personality. They often withdraw, becoming distant and exhausting their energy. But when Fives have most of their needs met and are well-loved, they develop community and are generous to others.

The following table shows your responses in the assessment. Typically, they are your characteristics when you are healthy (gold box) and your characteristics when you are unhealthy (gray box):

Observant

I pay attention to how things work.

Analytical

I examine things to know what makes them work.

Wise

I give sound advice.

Objective

I make good decisions based on facts.

Insightful

I can see the inner nature of an issue.

Withdrawn

I keep to myself in a group.

Overthinking

I like to think a long time before I take action.

Easily Depleted

I conserve my energy and time to make it through the day.

Isolated

I disengage even when people need me.

Distant

I retreat from people when I get lost in my head.

Healthy

Healthy Fives become completely engaged in their relationships and the world around them because they know that all of their resources are provided for. They are able to be generous with their time and energy without fear of being drained. They are compassionate and have the ability to see multiple points of view. They are confident, perceptive and intuitive. They are visionary and become active, integrated observers. They use what they have learned in order to help others. They want to improve the world around them.

Knowledge of their true self stirs up the need for community and connection as they put away the bad habits of isolation and withdrawal. They also become more aware of their own emotions, operating from emotion as well as intellect. They actively participate in life instead of standing on the periphery as an observer. They are witty, friendly and warm.

Healthy Fives are self-confident and move toward action. They communicate well, especially as it pertains to maintaining their own boundaries and respecting the boundaries of others.

Average Health

Average healthy Fives tend to focus their attention on mastering their skills in an effort to be more prepared. Average Fives will make sure they gather enough resources, knowledge and skills before they act. They can forget their own needs and get lost in their planning and thinking--even becoming resentful of interruptions or intrusions. They are more insecure and unsure of themselves. They are prone to envy others. Average Fives detach and begin to engage less and less with others.

Unhealthy

Unhealthy Fives become eccentric and cut off all social connections with others. They feel empty inside and focus on little other than their basic needs. They feel incapable and incompetent. At this level of health, their thoughts may become profoundly grim and self-destructive.

Next Steps

Here are some helpful steps in how you can boost your understanding of yourself and the people around you.

Personalize It!

Begin by reading through your report with purpose. Grab a highlighter and mark any word or phrase that is especially true of you. This process will help you evaluate your results and “hone in” on the truths that are most applicable to your growth.

Group Study

This study is perfect for groups and leadership teams. Your group will grow in empathy, understanding, and in the ability to speak to one another in a more personalized way.

Online Courses

Since the Enneagram emphasizes emotional health and character growth, it's a great tool to explore the spiritual beliefs that drive your motivations.

We also have courses for leaders who want to learn all nine Enneagram styles from a Christian perspective. To learn more, click the link below.



[Click Here to Preview Courses](#)

Coaching

We're happy to help boost your self-awareness, spiritual vibrancy and giftedness for individuals, couples and teams. We will customize our time to meet your needs and desires.

Speaking

We are equipped to help boost productivity, unity and the health of your leadership team through retreats and conferences. Email us at john@peoplelaunching.com.