# The Peacemaker

Report for Enneagram Style Nine



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#### **Full Report**

This report specifically addresses an advanced understanding of a person whose style is Nine: The Peacemaker.

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#### Your Enneagram Style: Nine

### The Peacemaker



#### **Motivation & Core Fear**

Nines are motivated by the desire for peace. They seek peace of mind and inner stability in their life. They long to experience and express true peace, to be united with others and for all people to be in agreement. This motivation is driven by their fear of conflict, which causes them to focus on the needs and desires of others in order to keep others happy. By focusing on others, Nines lose sight of their own needs and desires. Nines have developed a core fear that they must avoid all conflict.

#### **Summary**

As Peacemakers, Nines work to resolve conflict and bring balance to their environment. Nines bring calmness to situations and will work to help others feel welcome, accepted and at ease. Nines are non-judgmental, empathetic and easygoing.

Nines are gifted listeners and great mediators. They are able to see all viewpoints and bring about reconciliation. They are warm, adaptable and unassuming. Nines are easy to get along with because they desire connection with others.

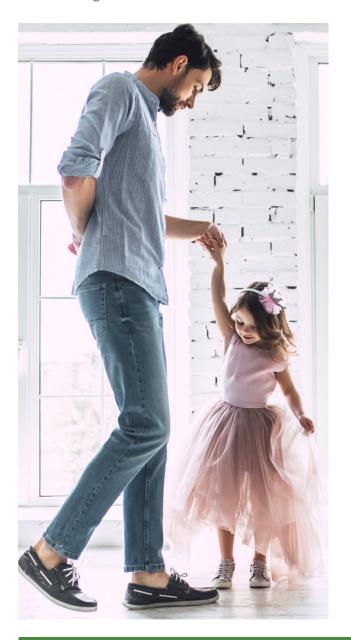
With Nines, what you see is what you getthere is no hidden agenda. They are evenkeeled and rarely experience extremes of emotion. Nines value peace, harmony and serenity.

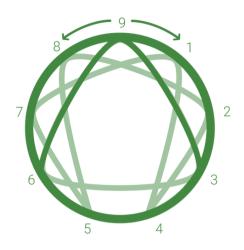
These Peacemakers long for people to experience inner peace and unity.

### Wings

Each person is unique. Thankfully, the Enneagram recognizes this and actually shows how each style carries "flavors" of the other styles.

On the diagram to the right, the lines on the outside of the Enneagram drawing (pointing from the Nine to the Eight and the One) are called "Wings."





If you've taken our assessment, your wing is the higher score between an Eight or a One.

#### NINE WITH AN EIGHT WING

This variance is often called "The Dreamer." Having Dreamer tendencies means that you are probably more outgoing and assertive. You may also find that you can become confrontational or appeasing depending on the other person, situation or environment. You also can be more rebellious against an authority if you feel there is any unfairness.

#### NINE WITH A ONE WING

This variance is often called "The Idealist." Having Idealist tendencies means that you are probably more introverted and emotionally controlled. You can be precise, systematic, focused and controlled when you're trying to ensure peace through creating a perfect environment.

### **Subtypes**

Each style has three different "subtypes" or instincts often referred to as self-preservation, social, and one-to-one (sexual).

The self-preservation instinct is interested in safety and well-being.

The social instinct helps is very aware of others and how they affect those around them.

The one-to-one instinct has a higher drive for intimacy in another person.

#### **SOCIAL**

- This is the counter-type who tends to merge with a group so they feel like they "belong".
- They are more outgoing, active, and involved with the world and others.
- They are optimistic and can be more taskoriented.
- They see their role as being the "glue" of society.
- This "others-centered" approach contributes to them falling asleep to their personal priorities and desires.

Note: You use all three of these, but one is more influential upon your style. Also, the order of intensity of these three is why you can be very different than another person with the same style.

#### **SELF-PRESERVATION**

- This subtype is patient, grounded, and has a good amount of common sense.
- They keep their own pace, routines, life philosophy and will resist demands to change them.
- Familiar routines, physical comforts, and finding a supportive environment is typically the focus of this subtype.
- While this can provide comfort, it also aids in the Nine forgetting themselves.
- When routines and lifestyle habits are disrupted, it is extremely difficult and challenging for them.

#### **ONE-TO-ONE**

- This subtype can have a wonderful, child-like view of the world.
- They are kind, shy, gentle, and not very assertive.
- Their tendency to merge with another individual creates initial harmony in the relationship but an ongoing, internal conflict. They quickly take on their attitudes, ideas, and feelings of the other individual. In so doing, they lose touch with their own opinions, priorities, and desires. Deep down, however, they long to be autonomous.
- It's very difficult for them to stand alone or stand up for themselves.

## **Your Circumstances**

#### Childhood

As children, Nines may have grown up in an environment with strong personalities or conflict. Because of this, they may have retreated into themselves so that their presence would not add more tension to the situation. Within their family dynamics, Nines may have learned that it is not okay to assert themselves. As a result, it's difficult for them to know their own desires, opinions and passions. Nines become so aware of others' needs that they neglect their own, focusing on relational connection and a peaceful environment.



#### At Work and in Relationships

When they are operating from a place of health, Nines bring diplomacy and cohesiveness to the team. At their best, high-functioning Nines make great mediators, facilitators and team builders who excel at building consensus and being fair. They are kind, considerate and able to unselfishly support others. Nines prefer to build others up in order to succeed without asking for anything in return.

Nines can misuse these characteristics, often overcommitting due to poor boundaries and succumbing to anger under pressure. Nines may procrastinate and avoid making decisions when they are trying to please others, causing risk to projects and deadlines and resulting in conflict. This resulting conflict with co-workers will create even

more stress for the Nine-- spiraling into withdrawal, visible irritation, and passive-aggressive behavior.

Nines need to realize that conflict can be productive and an opportunity for growth. By realizing this, Nines will see that assertiveness and being able to express oneself is important in any relationship. As Nines grow in this area, they will find the peace they long for--not only with others but within themselves. Healthy Nines will contribute to the group through their understanding of each person's perspective, their ability to mediate conflict diplomatically, their acceptance of differences and their humble leadership.

### **Stress & Security**

The lines on the inside of the Enneagram drawing (pointing from the Nine to the Six and the Three) are called "Arrows." They reflect how a person operates in times of stress or security.

Generally, Nines gain a few characteristics of Sixes under stress. They can become anxious and worrisome, focusing on all the things that may go wrong before being able to take action. But when Nines operate healthily under stress, they are team players who are able to keep a level head and assist in resolving difficult challenges. They are strong, courageous and provide unwavering loyalty to others.

In a more secure or relaxed setting when Peacemakers feel comfortable expressing their innermost thoughts and feelings, they gain a few characteristics of Threes. They can become more assertive during a conflict. They can be focused and productive, achieving goals they have set for themselves. But at times when Nines feel disconnected or insignificant, they may try to impress others.





### Gold & Shadow

When Nines are motivated to attain peace for themselves, they operate in the dark side of their personality and often feel anxious, overwhelmed and overlooked. But when Nines have most of their deepest needs met and are well-loved, they can help improve the world with patience, empathy and calmness.

The following table shows your responses in the assessment. Typically, they are your characteristics when you are healthy (gold box) and your characteristics when you are unhealthy (gray box):

#### **Peacemaker**

I am able to help others reconcile their differences.

#### **Harmonizing**

I like things to be in balance and work together in unity.

#### **Easygoing**

II am usually very calm. I am able to go with the flow.

#### **Unassuming**

I am modest. I don't like to draw attention to myself.

#### **Accepting**

I am approachable to others. I welcome everyone and want them to feel like they belong.

### Avoids Conflict When there is tension and

disagreement, I shut down.

#### **Passive**

I do not fight for what I believe, even if it is best for me.

#### Resigned

I tend to give in rather than fight a hopeless situation.

#### Noncommittal

I cannot make decisions quickly. I need time to think it over.

Overly-Accommodating I give in to others rather than express my opinion.

#### Healthy

Healthy Nines have found their voices and are able to be bold and assertive in expressing their needs and desires. They recognize that their presence matters to others. Instead of focusing on attaining peace through their own strength and actions, healthy Nines fully know and trust that they are gifted with the ability to see others' viewpoints, mediate conflict and bring about true peace. They will live in the freedom to be who they were created to be, no longer merging with others to find their acceptance. When they live as they were created to be, Nines will develop their gifts and talents. When they are free from guilt, healthy Nines offer peace and comfort. Healthy Nines are patient, steady, comforting and healing to others who are in conflict or pain. They have the ability to speak truth honestly and in a loving manner. Nines bring a sense of peace through their easy going manner. They intuitively know how to unite things.

### **Average Health**

Spiritually average Nines tend to forget who they are and begin to blend in by taking on the opinions, likes, dislikes and emotions of others. They place a higher value on others' worth than their own. Average Nines find it easier to advocate for others than it is to advocate for themselves. They will seek affirmation from others and will need constant reassurance that they are valued and not overlooked.

#### Unhealthy

Unhealthy Nines spend their energy pacifying and keeping others happy in order to have peace in their own life. This perceived peace comes at a great cost, as they will lose themselves by denying their own desires, opinions and needs. The more they try to make others happy, the more will be expected of them. Unhealthy Nines will allow a more assertive person to direct them because they have lost touch with their needs and may not trust themselves to make decisions.

Nines in this state need to realize true peace isn't dependent on others' view of them, but on their true identity. They need to be awakened to their true value--as cherished, loved and desired.

# **Next Steps**

Here are some helpful steps in how you can boost your understanding of yourself and the people around you.

#### Personalize It!

Begin by reading through your report with purpose. Grab a highlighter and mark any word or phrase that is especially true of you. This process with help you evaluate your results and "hone in" on the truths that are most applicable to your growth.

Since the Enneagram emphasizes emotional health and character growth, it's a great tool to explore the spiritual beliefs that drive your motivations.

**Online Courses** 

We also have courses for leaders who want to learn all nine Enneagram styles from a Christian perspective. To learn more, click the link below.



#### **Team Building**

This study is perfect for groups and leadership teams. Your group will grow in empathy, understanding, and in the ability to speak to one another in a more personalized way.

#### **Coaching**

We're happy to help boost your self-awareness, spiritual vibrancy and giftedness for individuals, couples and teams. We will customize our time to meet your needs and desires.

#### **Speaking**

We are equipped to help boost productivity, unity and the health of your leadership team through retreats and conferences. Email us at john@peoplelaunching.com.